SUSPECT – TREAT – PREVENT:
STOP MATERNAL SEPSIS

KNOW SEPSIS
Maternal sepsis is a life-threatening condition defined as organ dysfunction resulting from infection during pregnancy, childbirth, post-abortion, or postpartum period.

SUSPECT SEPSIS
Sepsis can take many forms:
- Fever or hypothermia
+ ANY OF THE FOLLOWING:
  - Fast heart beat
  - Low blood pressure
  - Respiratory distress
  - Jaundice
  - Decreased urination
  - Altered mental status

TREAT SEPSIS
If you think a pregnant (or recently pregnant) woman has sepsis, ACT FAST:
- Give IV fluids
- Give IV antibiotics
- Identify & treat the source of infection
- Consider transfer to specialized care
- Monitor vital signs of the mother and fetus

PREVENT SEPSIS
Reducing sepsis-related deaths can be achieved by attention to simple health measures:
- Promote handwashing
- Ensure clean birth practices
- Reduce overcrowding in facilities
- Improve access to water and sanitation
- Strengthen infection prevention and control measures

Sepsis is life-threatening, but when caught early and treated promptly, it can be stopped.

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