

SUSPECT – TREAT – PREVENT: STOP MATERNAL SEPSIS

KNOW SEPSIS

Maternal sepsis is a life-threatening condition defined as

organ dysfunction
resulting from
infection

during pregnancy, childbirth, post-abortion, or postpartum period.

SUSPECT SEPSIS

Sepsis can take many forms:

FEVER OR HYPOTHERMIA

+ ANY OF THE FOLLOWING:

FAST HEART BEAT
LOW BLOOD PRESSURE

RESPIRATORY DISTRESS

JAUNDICE

DECREASED URINATION

ALTERED MENTAL STATUS



TREAT SEPSIS

If you think a pregnant (or recently pregnant) woman has sepsis, **ACT FAST:**



GIVE IV FLUIDS



GIVE IV ANTIBIOTICS



IDENTIFY & TREAT THE SOURCE OF INFECTION



CONSIDER TRANSFER TO SPECIALIZED CARE



MONITOR VITAL SIGNS OF THE MOTHER AND FETUS

PREVENT SEPSIS

Reducing sepsis-related deaths can be achieved by attention to simple health measures:

- ✓ Promote handwashing
- ✓ Ensure clean birth practices
- ✓ Reduce overcrowding in facilities
- ✓ Improve access to water and sanitation
- ✓ Strengthen infection prevention and control measures

Sepsis is life-threatening, but when caught early and treated promptly, **it can be stopped.**

STOP SEPSIS!



Global Maternal and Neonatal Sepsis Initiative